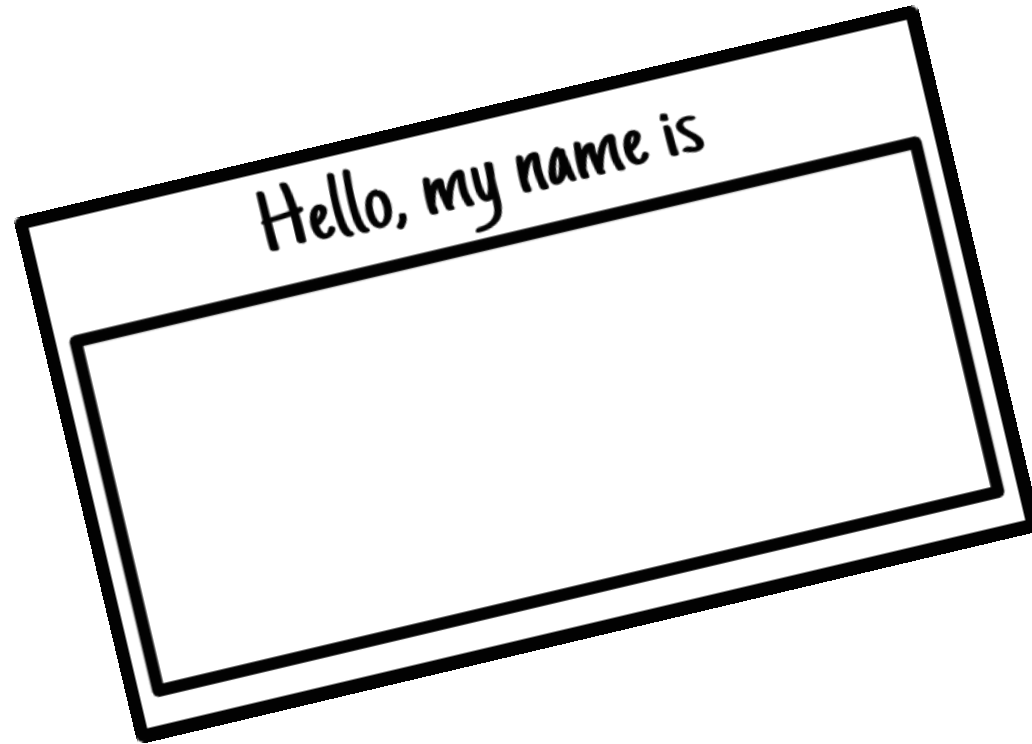


Fight it with

CREATIVITY



This is now your property.

Write, cut, glue something in, long story short, do with it what you want!

Currently I'm

Starting.....

Listening to.....

Reading.....

Thanking for.....

Celebrating.....

Working on.....

Trying to.....

Watching.....

Playing.....

Eating.....

Drinking.....

Enjoying.....

Finishing.....

Who am I?

Day goals

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Week goals

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Month goals

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Year goals

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.....

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Top 5 of

1.....

2.....

3.....

4.....

5.....

Top 5 of

1.....

2.....

3.....

4.....

5.....

Top 5 of

1.....

2.....

3.....

4.....

5.....

Top 5 of

1.....

2.....

3.....

4.....

5.....

Wishlist

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Bucket list

1.....

2.....

3.....

4.....

5.....

6.....

7.....

8.....

9.....

10.....

10 positive things

1.....

2.....

3.....

4.....

5.....

6.....

7.....

8.....

9.....

10.....

10 negative things

1.....

2.....

3.....

4.....

5.....

6.....

7.....

8.....

9.....

10.....



What makes
my day?



I am happy
for...





Things that
changed my
life





Bad words






The happiest and
the worst memories





Bad habits



A hand-drawn speech bubble with a thick black outline and a small tail pointing downwards and to the left. The text inside is written in a casual, handwritten style.

Messages from people
Who cares about me



